

# BRAIN FREEZE

poem by Marian McGuinness | illustrated by Gabriel Evans

I grabbed a frozen slushie  
Sucked the rainbow up the straw,  
The day was hot, I sucked the lot  
I should have let it thaw.

OWWWW!

Have you ever had a brain zap  
An ice cream ouch or blast,  
A snow cone sting, a painful zing  
That comes on mighty fast?



The throb is almost instant  
A headache's shooting through,  
The pain's insane up to my brain  
My eyes are crossed in two.

An iceberg's in my cakehole—  
That's my mouth just so you know,  
I squeeze my tongue onto its roof  
And hope the pain will go.

So, if you don't want brain freeze  
Jaw ache or noggin chill,  
Just pass the cup to your worst friend  
And let them have the thrill!